



CONFIDENT LEARNERS. CRITICAL THINKERS. ROOTED IN VALUES.

To Instill a Lively Curiosity and Graciousness in Every Pupil

Primary 2 Parent Engagement 2025

Thank

For being here with us today!

School Leadership Team



Ms Charmaine Tay
Vice-Principal



Mrs Ratna Elangovan
Principal



Mr Mohamed Yusuff
Vice-Principal

Curriculum Leadership Team



Mdm Noor Ashikin
HOD English



Ms Geraldine Ng
HOD Math



Mdm Kate Cheng
HOD Mother Tongue



Mr Edwin Hoy
HOD PE & Aesthetics



Mrs Peh Jing Er
HOD ICT



Ms Ashley Ng
AYH/SH Science (covering)



Ms Seah Ching Ying
LH Math



Mr Steven Goh
SH PE & CCA



Mdm Candy Lim
SH ICT

Staff Development Team



Ms Phyllis Toh
Lead Teacher, Math
SSD (covering)



Mrs Angelina Chia
Lead Teacher, Art
SSD (covering)



Mdm Rafidah
Senior Teacher, Lower Pri



Ms Tan Mei Yan
Senior Teacher, English

Student Development Team



Ms Kezia Ler
HOD CCE



Mrs Marlene Kiw
YH Lower Pri



Mrs Zoie Yeo
**YH Middle Pri/
Student Leadership**



Mr Zulhisham Ahmad
YH Upper Pri



Mdm Nur Fadzlina
AYH Lower Pri (Covering)



Ms Janice Ng
AYH Middle Pri (Covering)



Mr Edward Yee
AYH Upper Pri

*Celebrating Our
Students' Successes*

Celebrating Our Students' Successes

Singapore Youth Festival (SYF)



Malay Dance - Distinction



Show Choir - Commendation



Angklung - Accomplishment



Modern Dance - Accomplishment

Celebrating Our Students' Successes

National School Games (NSG)



Badminton Tier 3 First

Mishel Sufia 6.1

Badminton Tier 4 First

Pandiaraja Rohan 5.6



Badminton League 5

Top 4



Floorball Junior Division Boys Tier 3

First

Celebrating Our Students' Successes

National Chinese Text Recital Competition 2024



INDIVIDUAL

Silver Medal – Qiao Lezhi

Bronze Medal – Yeo Yik Kai, Xu Xunyi, Wang Jiazhi

TEAM



Silver Medal – Chua Zhi Yang, Huang Boxuan, Chen Ziyu
Bronze Medal – Huang Xuanxuan, Huang Haolin,
Celeste Wong Xin Qi, Li Min Xi, Ooi Thien Yik, Zhang Xia Rui



Celebrating Our Students' Successes

Singapore Primary Science Olympiad 2024



Bronze Medal – Liang Hai Yang

Certificate of Merit – Bello Myron, Lutf Mikhail, Yang Peilin, Ngyuyen Dang Quan, Zhang Yujie, Veeramanikandan Sivakeerthana, Vianna Gabriella Castelino, Liang Hai Yang

Celebrating Our Students' Successes

PSLE Results 2024



98.6% of our students progressed to secondary schools in 2024.

~60% of our students are eligible for the G3 posting groups (2022 to 2024).

Key Directions



Confident Learners



Critical Thinkers



Rooted in Values





WELCOME TO OUR SCHOOL

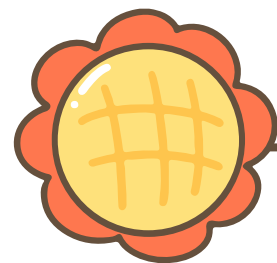
Asst. YEAR HEAD & SENIOR TEACHER ✨

Mdm Lina & Mdm Rafidah

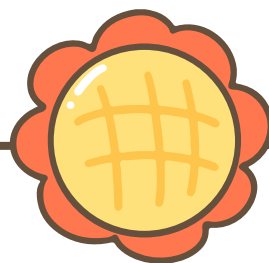




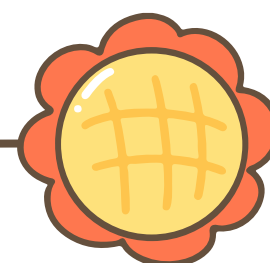
SESSION OUTLINE



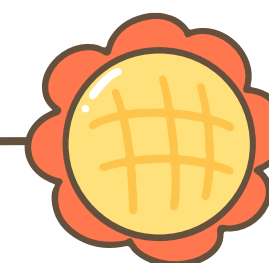
Introduction of
P2 FTs



Home-School
Partnership



Student
Outcome



Joy of
Learning





OUR AMAZING P2 FORM TEACHERS



P2.1



Mdm Venus Sim



Ms Fatin Nadiah

P2.2



Mdm Rafidah



Mdm Vivien Chua

P2.3



Mdm Liang



Mdm Amalina

P2.4



Mdm Zubeidah



Mdm Fatin

P2.5



Mdm Sharifah



Mdm Kasthuri

P2.6



Mdm Razlinda



Mr Edwin Hoy

P2.7



Mdm Lina



Ms Zhao

P2.8



Mdm Shahneeza



Mdm Hafidah



HOME-SCHOOL PARTNERSHIP

Working together for our children



EATING HEALTHY



✓ **Eat all kinds of vegetables**

Cabbage
 Mixed Vegetables
 Bok Choy

Spinach
 Broccoli, Carrots & Celery
 Asparagus

Cucumber
 Mixed Green Salad

✓ **Have 2 portions of fruit per day**

1 medium Apple
 1 small Pear
 10-15 Grapes

1 small Banana
 1 wedge of Watermelon

✓ **Choose whole fruit over fruit juice**

Whole fruit
 Fruit juice

✓ **Eat more wholegrains**

Oats
 Chapati
 Wholemeal Bread

Brown Rice
 Yam
 Corn
 Sweet Potato
 Potato

Starchy vegetables are also considered carbohydrates. If consumed, identify portions and substitute for other starches in your meal.

White Rice
 White Bread

✓ **Choose lean meat, plant protein & dairy products**

Tofu
 Fish
 Chicken

Beans & Legumes
 Dairy Products
 Egg

✓ **Choose healthier unsaturated oils, such as Olive, Canola and Sunflower oil.**

Olive Oil
 Canola Oil
 Sunflower Oil

✓ **Choose steamed or boiled food over fried options**

Steamed food
 Fried food

Use My Healthy Plate as a guide — include a portion of whole grains, meat or other proteins, and fruits and vegetables.

**In the school's canteen,
food are sold in a set.**



*As part of the Healthy
Meals in School
Programme, food
items come in a set!*

Healthy Meals in Schools Programme (HMSP)

The Healthy Meals in Schools Programme (HMSP) encourages healthier food and beverage choices in schools.

We achieve this through an integrated programme involving teachers, canteen vendors, and students.

This programme aims to help students cultivate healthy eating habits right from their youth.

you've g♥t this!



Did you know healthy snacking can help satisfy hunger for children?

Snacking can help satisfy hunger and prevent children from overeating at the next meal.

Replace unhealthy packaged snacks at home with fresh food alternatives such as vegetables sticks and fruit kebabs, or other healthier snack options with the Healthier Choice Symbol.

Do remember that it is important for them to have their meals at regular times every day.

Healthy snacks for snack break



Fruits such as apple, banana



Trail mix

Students are encouraged to bring healthy snacks for snack break.

Other examples of healthy snacks...

SNACKS FOR BREAK TIME

The following examples are snacks for students that are easy to prepare and pack for consumption during class breaks.

WHOLEMEAL SANDWICHES

- *Peanut Butter & Jam
 - Cucumber and Tomato
 - *Grilled Cheese
- (wrapped in aluminium foil to retain freshness)*



PIZZA

- Wholemeal bread pizza with vegetable toppings
- (wrapped in aluminium foil to retain freshness)*



VEGETABLES

- Carrot or cucumber sticks with chickpea dip (mashed chickpea with HCS orange juice)
- Boiled broccoli with cute toppers



FRUIT & NUTS

- Fresh fruit kebab
- Almonds added to plain cereal for a higher fibre snack or plain nuts



WHOLEMEAL WRAPS

- Homemade popiah filled with vegetables (toasted)
- Vietnamese rolls
- Slice into triangles and toasted to make "chips" (store in air-tight bag/container to maintain crisp)



WHOLEMEAL PANCAKES, MUFFIN & CAKES

- Banana Pancakes
- Homemade with reduced sugar



POPCORN/ CRACKERS

- Homemade without additional toppings like salt, butter
- Wholegrain or HCS variety



HAVING HEALTHY CONVERSATIONS

My Action Plan

The 'ladder' sentences show ways to practise and grow your character strengths. Choose one to practise this week.

I want to grow my character strength of:

Paste sticker from page 49.



This is how I will practise growing this character strength:



Family Chat Time!

I can play the 'Character Strengths Snakes and Ladders' game with my family and talk about our character strengths.

We played the game together!

Parent's / Guardian's signature

A Note to Parents/ Guardians:

Find tips for building character strengths in your child/ward. Refer to the 'Character Strength' poster on page 8.



<https://go.gov.sg/p2http-resilienceboosters>



Family Activities

Do we match?

1 Share with your parent/guardian about times when you felt anxious. Invite him/her to share his/her experiences too.

Have you and your parent/guardian experienced anxiety in any of the following situations?	Put a tick (✓) in the relevant boxes.	
	You	Your Parent / Guardian
We did something for the first time e.g. performed on stage.		
We took a test or examination.		
We went for an injection.		
Any other situation:		

2 Choose one situation when both of you experienced anxiety. Find out if both of you felt and reacted in the same way. Tick (✓) the relevant boxes.

We felt the same way in our bodies e.g. our hearts beat faster.	
We reacted in the same way e.g. we kept away from others.	

We did this together!

Parent's / Guardian's signature

CCE FTGP
Family
Chat
Time or
Family
Activity



TAMPINES NORTH PRIMARY SCHOOL

For P1 to P3 parents!

SPARK

Sharing Professions, Aspirations and Real-World Knowledge





Closing Date :
Friday, 7 March 2025

We are looking for enthusiastic parents to share valuable insights about their profession and career journey with our TNPS students. If you are passionate about your work and eager to inspire the next generation, we warmly invite you to indicate your interest by scanning the QR code. Please note that only shortlisted parents will be contacted. Shortlisted parents can look forward to being part of the assembly career talk for P1 to P3 students in Term 2.

Let's inspire and educate our young minds about the diverse world of work. We look forward to learning more about the incredible careers within our parent community!



BENEFITS OF HOME-SCHOOL PARTNERSHIP

- Positive behavior and attitude
 - Better communication
 - Early intervention
 - Long-term success
- 
- 



STUDENT OUTCOMES

What we want to see from our students



LEVEL FOCUS

Levels	P1	P2
TNPS Outcomes	Confident Learner	Critical Thinker+ Confident Learner
Rooted in Values	Responsibility	
Competencies Outcomes	Self Awareness and Self Management	
Level Outcomes	A responsible student who is able to achieve personal well-being and adapts well to the school environment.	A responsible students who is able to take responsibility towards own learning and knows his/her interest and strengths



FOCUS FOR THE LEVEL

Understanding
themselves

Right from Wrong
Positive and Negative

Responsibility
Curiosity to learn
Respect for others
Care for people around



P1 AND 2 LEVEL MILESTONES

PRIMARY 1	PRIMARY 2
1. Identify emotions and the contributing factors	1. Explore and discover one's character strengths, interests, likes and dislikes, talents and skills.
	2. Understand the need for resilience when faced with change and/or challenges.
2. Recognise different types of behaviours that can have positive or negative consequences	3. Recognise that we can influence one another positively or negatively
3. Demonstrate a lively curiosity and find joy in the people and things around us	4. Work in a respectful manner with others.
4. Show care and appreciation for family, friends and others.	5. Show care and appreciation for family, friends and others.

EVENTS TO LOOK FORWARD TO

CURRICULUM

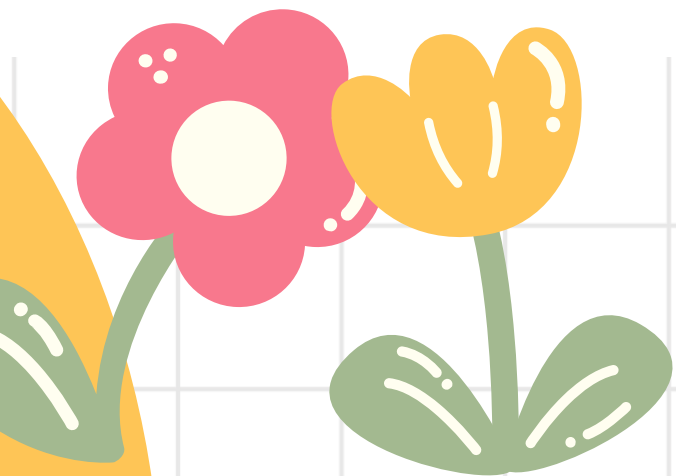
- CCE- FTGP, MTL
- Learning Journey
- Celebrating together e.g. National Day, Racial Harmony
- PAL

LOWER PRI PROG

- SE Progress Check list Sem 1 and 2
- School Behavioural Reward Chart
- Kerb Drill, Expectation and routines
- Mother's day Activity
- PAM Fiesta
- Zone of Regulation

PRIMARY 2

- P2 I am caring and responsible (VIA & Life Skills)
- Recognizing your strength
- Growing character strength (Hol activity- Padlet)
- Secret Friend
- I can do household chores too (Lifeskills)
- Understanding yourself (Scavenger hunt: knowing yourself)
- Kindness (Have you filled your bucket)
- Celebrating Milestone



PHOTOS

Kerb Drill



PHOTOS



Kerb Drill

PHOTOS



CNY Celebrations

PHOTOS



PAL - Green
Treasures

PHOTOS

PAL LJ - Eco Green



PHOTOS



PAL LJ - Pasir Ris
Mangrove Swamp

PHOTOS

